

## Regulations for visitors to Storsjöbadet

- Children under 12 years of age and children who cannot swim must never be in any pool without a responsible adult with them. These children must have a parent or guardian or another adult (at least 18 years old) close to them in the water. Remember that you as an adult are responsible for the safety of all the children who are with you.
- Always take a shower and wash yourself with no clothes on before changing into your swimming things and getting into the pool.
- Always swim in a swimsuit. Underwear is not allowed.
- Children under the age of three must wear baby swimming pants that are tightly-fitting or a special swimming nappy (diaper) under a swimsuit.
- All swimmers use the pool under their own responsibility.
- Buoyancy/floating aids are no guarantee! Inflatable water wings or arm rings or other equipment cannot replace adult supervision.
- Only experienced swimmers may use the diving pool as it is 3.8 meters deep.
- We advise against all use of mobile phones in the swimming pool as they take focus away from safety. There is a ban on photography everywhere at the facility!
- Don't run anywhere in the building, easy to slip!
- Please be considerate of other people swimming.
- Follow the rules posted on the water slides. Always go down feet first. No toys are allowed on the slides. If you stop or stand up on any of the slides you will be removed.
- There is zero tolerance for any forms of sexual harassment or sexual advances in the facility.
- For your and other visitors' safety, follow written safety instructions and do what the staff tell you to do.
- Storsjöbadet is a tobacco-free, as well as drug and alcohol-free, facility.